

**March 24, 2019**  
**Bringing Healing to the Body**  
Prayer, Praise, and Confession  
James 5 13-18

Response in various situations (13–15)

- Suffering (13); Pray (**Imperative**)
  - Look at prophets (10)
  - Job (11)
  - Often the trials are gifts to help draw nearer to the Lord
    - James 1:2–4 “Consider it a great joy, my brothers and sisters, whenever you experience various trials,<sup>3</sup> because you know that the testing of your faith produces endurance.<sup>4</sup> And let endurance have its full effect, so that you may be mature and complete, lacking nothing.”
  
- Cheerful (13); Sing (**Imperative**)
  - Ephesians 5:19–21 “<sup>19</sup> speaking to one another in psalms, hymns, and spiritual songs, singing and making music with your heart to the Lord,<sup>20</sup> giving thanks always for everything to God the Father in the name of our Lord Jesus Christ,<sup>21</sup> submitting to one another in the fear of Christ.
  
- Sick (14); Call (**Imperative**) elders, pray (**Imperative**) (spiritually sick)
  - Anoint with oil (14)
    - Idea of freshening up, Hot towel on a long flight
    - Medicinal
  
  - The Prayer of Faith
    - Save the sick person (15)
      - Weary, faint, weak
  
    - Lord will Raise him up (15)
      - **1 Thessalonians 5:14** “And we exhort you, brothers and sisters: warn those who are idle, comfort the discouraged, help the weak, be patient with everyone.”
  
    - Forgiven of sins (15)

Prayer and Confession leads to:

Healing (16a)

- “Confess your sins to one another” (**Imperative**)- confess means to agree
- “Pray for one another” (**Imperative**)
  - **James 4:11** “Don’t criticize one another, brothers and sisters”
  - **James 5:9** “Brothers and sisters, do not complain about one another, so that you will not be judged. Look, the judge stands at the door!”
- “That you may be healed”
- **1 Peter 2:24–25** “He himself bore our sins in his body on the tree; so that, having died to sins, we might live for righteousness. By his wounds you have been healed. <sup>25</sup> For you were like sheep going astray, but you have now returned to the Shepherd and Overseer of your souls.”

& Effectiveness (16b-18)

- NKJV “The effective, fervent prayer of a righteous man avails much.”
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- Effective-*energeo*-energy-able to accomplish the task
- Fervent-energy and persistence (Powerful)
- Righteous
  - **Isaiah 59:1-2** “Indeed, the LORD’s arm is not too weak to save, and his ear is not too deaf to hear. <sup>2</sup> But your iniquities are separating you from your God, and your sins have hidden his face from you so that he does not listen.”

- Elijah (17-18) 1<sup>st</sup> Kings 17-18 God gave the victory at Mt. Carmel
  - A man with a nature like ours
  - Prayer brought power

Response:

- Praise-we should sing praises to the Lord (13)
- Confess
  - Call the elders (14)
  - Confess sins to one another (16)
- Pray
  - Suffering/Pray (13) (Individually)
  - Sick/Pray (14) (Small Group/Leaders)
  - Pray for One Another (16) (The Body)